

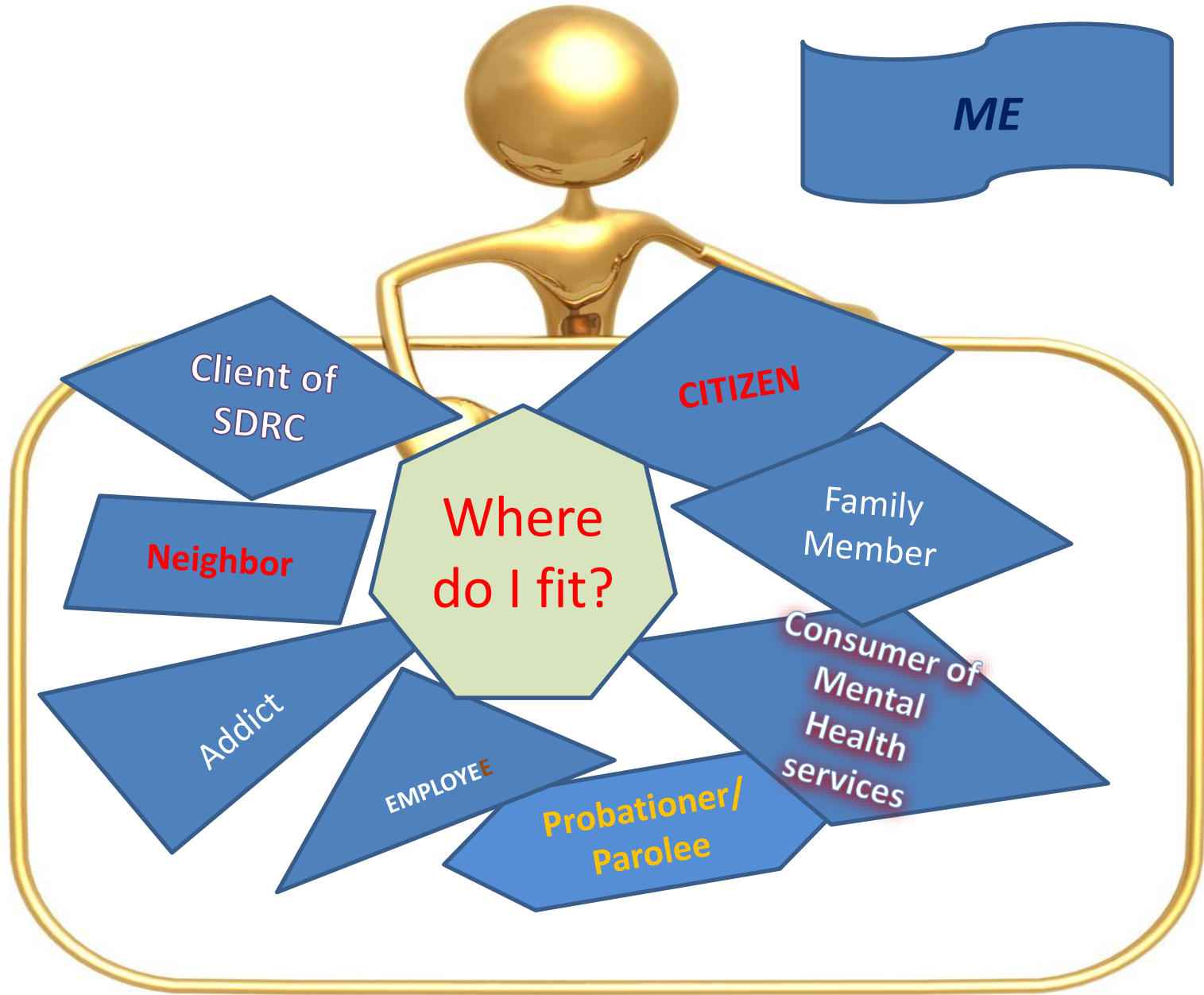
# 2016 Forensic Forum

## ARCA/Central Valley Regional Center

Forensic Expertise & Collaborative  
Relationships in San Diego and  
Imperial counties

# Forensic & Behavioral Health Services

They 'go together'



ME

Client of  
SDRC

CITIZEN

Where  
do I fit?

Neighbor

Family  
Member

Addict

Consumer of  
Mental  
Health  
services

EMPLOYEE

Probationer/  
Parolee

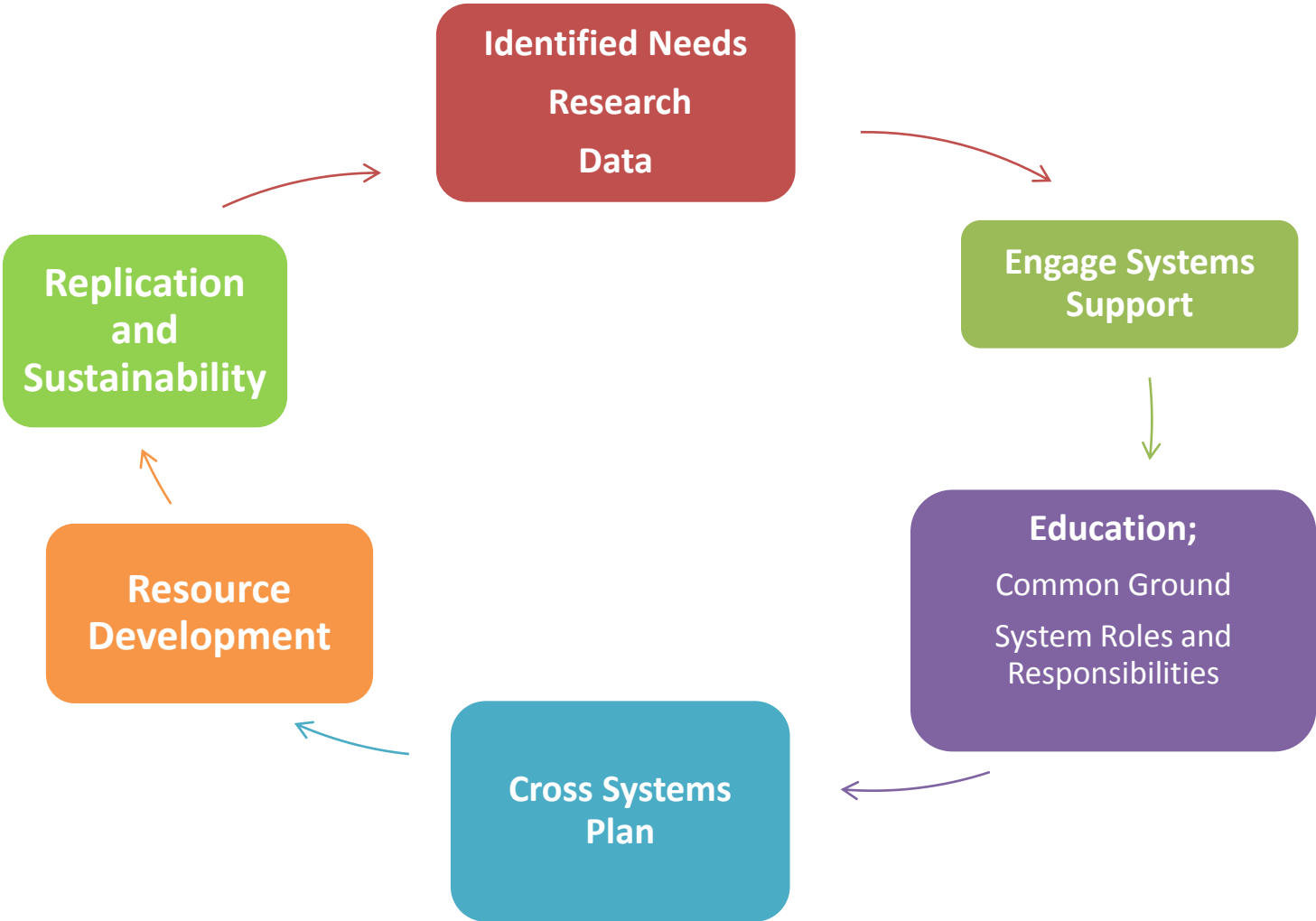
San Diego Regional Center  
FBHS Framework... 4 Key Pillars

Across Departments  
Across Systems

- **COLLABORATION**
- **CONSULTATION**
- **EDUCATION AND TRAINING**
- **RESOURCE DEVELOPMENT**



# Successful Collaboration



# Consultation

- Regional Center Staff
- FAST Team available
- FBHS Manager
- 3 Specialized Forensic Social Workers (juvenile/adult)
  - 2 additional staff identified and in process of specializing in forensic needs
- To all systems of care including courts, probation, parole, AB109, Mental Health county contractors, Alcohol and other Drug county Providers hospitals, advocacy organizations
- ‘Barrier Busters’/’Case Conferences’ with county partners
- JFAST- Juvenile court
- TAY Taskforce – Juvenile Mental Health Services
- Monthly reports/consults with lead jail clinician for all jails except Federal

# Collaboration/Consultation/Networking

- AB109 Taskforce
- Re-Entry Roundtable
- JFAST
- Children & TAY Council
- Adult/Older Adult Council
- PERT Roundtable (Psychiatric Emergency Response Team – rides w. Police)
- Mental Health Coalition – multiple stakeholders
- LPS Partners – Hospital Social Works
- Hospital Partners
- Management level Psychiatric /In-patient Liaisons for hospitals/EDs
- County Case conferences
- BHS Continuum of Care Initiative (Public Safety/BHS/Hospitals/RC)
- Long Term Care/MH Board and Care/IMD staff networking – outreach to other systems providers via modifying RFP language

# Education and Training

- [www.healthylivessafecommunities.org](http://www.healthylivessafecommunities.org)
- [www.solutionsbuilding.org](http://www.solutionsbuilding.org)
- Quarterly training to PERT academy (law enforcement)
- Training to Probation, AB109, Conservators office, Patient Advocacy, county Intensive Case Management, annual training to AOD providers , all county hospitals
- Training to RC social work staff in Sex Offending Behavior, assessment , treatment
- Training in Competency Assessment and Training to experts under development.



# Resource Development

- F.A.S.T. – internal/external expert consult team to staff
- Specialized Training in Emotion Regulation (adapted DBT)
- MH based resources vendored for DV and anger management
- Specialized Residential – 4 homes for Forensic/Mental health underway – delayed egress-secure perimeter
- Specialized Day Treatment programs under consideration
- Enhanced Competency Training /Evaluation under way
- MHSA TAY (ages 14-25) – Psychiatric Navigation project – using ‘TIP’ , an evidence based practice and toolkits for high utilization of psychiatric hospitals
- Assigned RC management level liaisons to all hospitals

# SDRC F.A.S.T. Team

- Multi-systems approach to consultation
- Manager of the FBHS at SDRC
- All Forensic Liaisons
- Director of Specialized Forensic Mental Health program (individual and group therapy)
- Public Defender
- SD Sherriff's Department
- Identified Managers from Case Management Department

“Call me...”

**PEGGIE WEBB, M.A.**

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