

GET SAFE Programs for Persons with Developmental Disabilities



About GET SAFE

Over the past 30 years, GET SAFE™ has positively impacted the lives of more than 100,000 people of all ages and abilities by providing the violence prevention education and self-defense training that is critical to protecting the well-being of its students and to building safer, more inclusive communities. By approaching the often-sensitive subject in an entertaining, highly interactive manner, the GET SAFE Team breaks down communication barriers usually associated with the topics of violence prevention, crisis intervention, and recovery.

Need for Services

Given the frequency of victimization among persons with developmental disabilities (90% of persons with disabilities will be abused in their lifetime), safety and awareness training education is of the utmost importance. Rather than viewing disabilities as impairments, GET SAFE trainers encourage their students to work with their abilities to make them stronger and safer.



“Thank you from the bottom of my heart for the great info and your easy to follow presentation. Lots of repetition really helped. Thank you from my son and me. Keep up the fantastic job!”

- Debbie Yniguez

GET SAFE Programs Available

Stronger, Safer Self-Advocates (Group Training)

Presented in a fun, interactive style, this training provides critical safety, prevention, and preparedness education for consumers in a group setting, community, workplace and school safety emphasized.

Healthy Relationships (Group Training)

Designed to provide persons with developmental disabilities with the skills needed to create healthy relationships and safe sexual attitudes, as well as accessing health care.

GS Consumer Advocacy Training (Individual Training)

GSCAT provides a specialized, one-on-one approach to personal safety training for individuals with developmental disabilities who (1) have experienced victimization, (2) perpetrated crime, or (3) demonstrated “at-risk” behaviors.

Functional Legal Competency (FLC) Training

For consumers involved as criminal defendants in judicial systems, who require and/or have been court-ordered to undergo competency training, the Functional Legal Competency (FLC) training is used

to provide defendants with essential information regarding their legal situations and the process involved in assisting counsel in court. FLC staff trains and evaluates functional competence within the specific parameters of understanding the

unique set of circumstances, nomenclature and processes consumers may encounter in the legal system.

Workplace Safety

The GET SAFE Secure Work Environment program provides companies, organizations and agencies with the means to provide their staff with the skills to promote safety and security in the workplace, while

traveling/out in the field, and in their personal lives. All program information is presented in a fun and engaging manner to help participants retain critical information that will allow them to safely respond to potentially dangerous

situations based on their lifestyle, abilities and surroundings.

Autism & Other Developmental Disability Awareness Training

This training heightens your “autism awareness” by providing the information and tools needed to recognize and understand certain behaviors persons with

ASDs and other developmental disabilities may demonstrate, as well as proven strategies for de-escalating high-stress situations, so everyone can happily and safely live, play and work together

GET SAFE is responsible for:

- Facilitating outreach to appropriate organizations/schools to provide services
- Scheduling of training session times and dates
- Collecting evaluations to assess program effectiveness

Important features

- Experienced team of both male and female training and advocacy specialists who have trained thousands of persons with developmental disabilities
- Group training sessions can be co-ed or broken into male and female groups

Prepare – Respond – Empower

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